



National Eczema Association

7 March at 17:37 · 🌐

NEA's Chicago Support Group recently hosted a meeting, which included guest speakers Peter A. Lio, MD, NEA Scientific Advisory Committee member and Dr. Richard Aron. Dr. Aron is a South African dermatologist, specializing in Atopic Eczema, and he has created "The Aron Regime." Following the Chicago event, Dr. Lio shared his thoughts on "The Aron Regime." Read more here: <https://nationaleczema.org/innovations-in-eczema-care/>



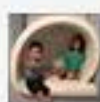
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👍❤️ Sheila Murray, Hayley Gadd and 200 others

Chronological ▾

79 shares

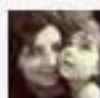
113 comments



Chris Hwang Thank you NEA for his post. Dr. Aron saved my son! He has gone from severe head to toe eczema to very mild eczema with little to no medicine. My son has led a normal life because of his treatment. Dr. Aron is light years ahead of his time, yet his method is old school because doctors do not compound anymore. It's about treating the staph effectively. It will always be about treating the staph.

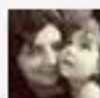


Unlike · Reply · 10 · 7 March at 19:58 · Edited



Agnieszka Jagniewska-lizon Dr Aron made my son life happier.he is our hero.we love him

Unlike · Reply · 4 · 7 March at 18:11



Agnieszka Jagniewska-lizon Before dr Aron



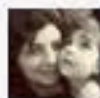
Like · Reply · 2 · 7 March at 18:11



Agnieszka Jagniewska-lizon

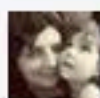


Like · Reply · 2 · 7 March at 18:12



Agnieszka Jagniewska-lizon Now

Like · Reply · 1 · 7 March at 18:12



Agnieszka Jagniewska-lizon





Agnieszka Jagniewska-lizon



Unlike · Reply · 4 · 7 March at 18:13



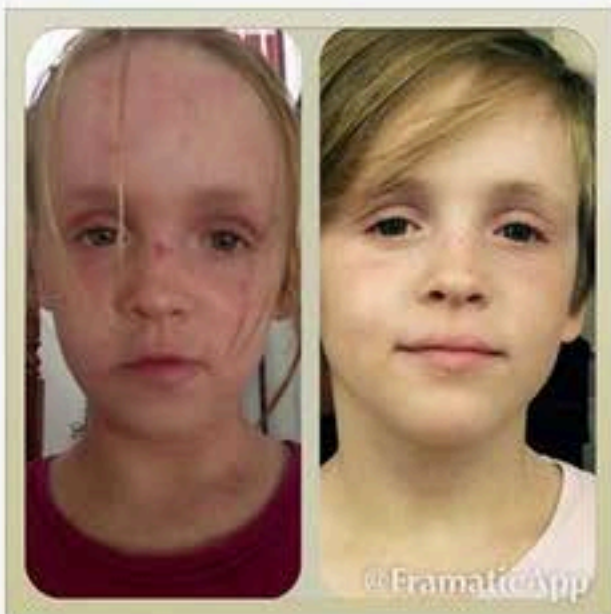
Jekaterina K. I have tried every single thing ever suggested supplement creams ointments baths natural creams radical change of diet kinesiology allergy testing and I was scared of steroids... After 2 weeks on Dr.Aron's regime I can live a normal life again...shame it does not work for some people though!!!

Unlike · Reply · 5 · 7 March at 18:14

↩ 1 Reply



Shari Brooks Kerr Way to go NEA for recognizing a treatment that is actually getting results for thousands of people! Our daughter has an amazing life now!!!



Unlike · Reply · 14 · 7 March at 18:28

↩ 1 Reply



Rebecca Fenby Dr Aron transformed my children's lives. They now use little to no medication at all and are comfortable in their own skin. Anyone with doubts or wanting to know more should check out the abundance of resources on FB and the web in general (this link... [See more](#))

Unlike · Reply · 9 · 7 March at 18:38 · Edited



Christine Pham-Cutaran This was my son at various stages this time last year. Dr. Aron is what saved our son. We now have control of our lives, thanks to the AR, instead of AD controlling us. Thank you Dr. Aron and thank Dr. Lio for being open-minded! ✕



Unlike · Reply · 9 · 7 March at 18:31

↩ 8 Replies



Agnieszka Jagliewska-lizon Fantastic results

Like · Reply · 1 · 7 March at 18:32



April Wilmering I need something for my face that does not have a steroid in it. Help

Like · Reply · 7 March at 18:35

↪ 1 Reply



Ashley Mason



Like · Reply · 7 March at 18:50

↪ 3 Replies



Heather Macpherson My little boy has been with Dr Aron for over a year now. We have had brilliant results and he hardly needs any treatment now.<http://www.pyjamaboyeczema.tumblr.com/>

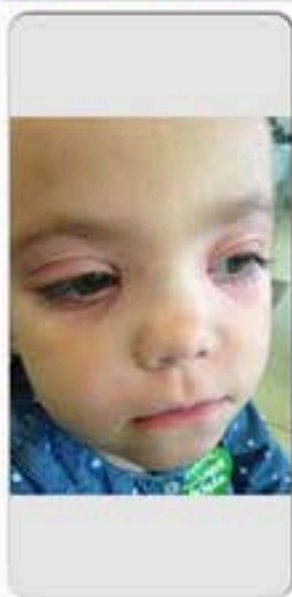
I really hope other Dermatologists like the amazing Dr Lio at the [Chicago Integrative Eczema Center](#) are keen to learn and use it to treat their eczema patients.




Like · Reply · 6 · 7 March at 18:54

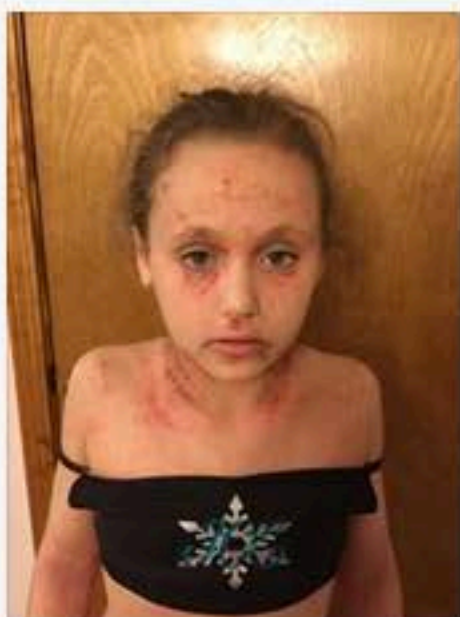


Vanessa Tamas I will forever be thankful for Dr.Aron!



Unlike · Reply · 6 · 7 March at 18:57

 **Elizabeth Cooley Brunet** Dr Aron has changed our lives in just a couple short weeks. Before



Unlike · Reply ·  3 · 7 March at 19:23



Elizabeth Cooley Brunet Two weeks after!!!!



Unlike · Reply ·  5 · 7 March at 19:23

↩ 2 Replies



Erika Czop Have to agree with everyone!! He changed our lives and we are forever grateful!!

Unlike · Reply ·  7 · 8 March at 02:00 · Edited




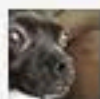
Reyna Montes In 48 hours my 9 month old son had relief from the itch, nothing had provided this before. We tried all the creams and remedies even traveling to Mexico for a specialist, and Dr. Aron's regime was the only one that cleared his eczema up. Now he is happy and healthy.



Like · Reply ·  3 · 7 March at 19:44



Lauren Eathorne My daughter has been a patient of Dr Aron's for over a year now. She has had severe bodywide eczema since birth. At 13 yrs old when we started, she was unable to attend school, was physically unable to move properly, was regularly admitted to hospital ... [See more](#)

Unlike · Reply ·  9 · 7 March at 19:44



Jennie Anne Been with dr.aron for almost 10 months and now only use for flare ups. Have used it once in the last month and our boy is clear, sleeping and itch-free!!  



Unlike · Reply ·  6 · 7 March at 20:03 · Edited

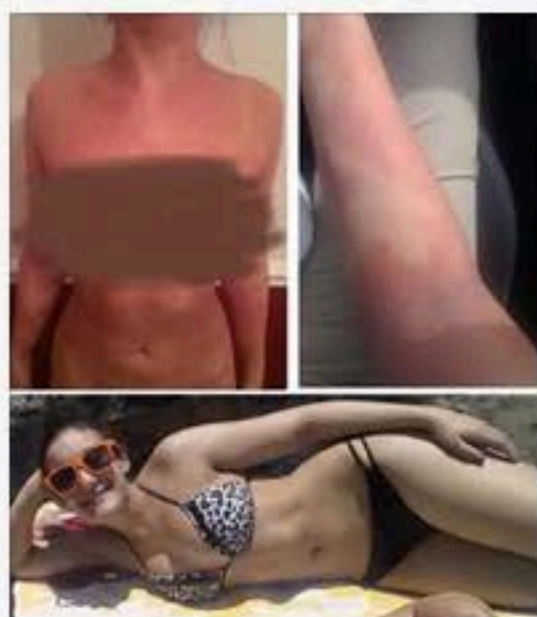


Hayley Gadd After trying the dreaded TSW following years of life limiting eczema that seemed to be worsening- I contacted dr Aron for his help and it was the best thing i ever did.
His truly is the best eczema treatment available and makes so much sense!
Such a se... [See more](#)

Like · Reply · 4 · 7 March at 19:50



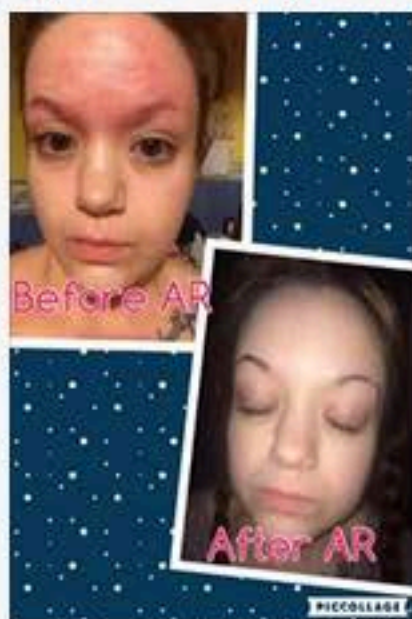
Lozzy Squire For anyone curious about Dr Aron's success, check out @draronpatients on instagram or join the Facebook support group 😊 Thank you for featuring the Aron Regime, it changed my life.



Like · Reply · 8 · 7 March at 19:51



Katie Pursglove So grateful to have my confidence back after using the aron regime. Now I only use the diluted compound twice a day



Like · Reply · 6 · 7 March at 19:52



Victoria Wolf It is wonderful to see the National Eczema Society recognising Dr Aron's work and Dr Lio working alongside him too. Ever since I saw the results for my daughter I have passionately longed for the adoption of the Aron Regime worldwide. It would save mil... [See more](#)

Like · Reply · 6 · 7 March at 19:53



Victoria Wolf Oh here is our blog <http://victoriakwolf.tumblr.com/>

Like · Reply · 3 · 7 March at 19:56



Lisa Bayne Walker The dark days are behind us thanks to Dr Aron's amazing regime. This is my story. <http://athomewithmyblt.blogspot.com/.../the-day-i-found...>

Like · Reply · 4 · 7 March at 19:57



Harpreet Sheena Gurdeep Sheena

Like · Reply · 7 March at 20:04



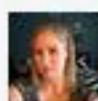
Judy Hill Ormerod It is true! The Aron Regime DOES work!! I thought my 13 year old, who developed eczema at birth, would never have an itch - free life where she wouldn't be self-conscious of her skin. I found Dr. Aron ' s site last year, followed it for six months, ... [See more](#)

Like · Reply · 5 · 7 March at 20:06



Darla I-s As with everyone else posting here, I am forever grateful for the innovation of Dr. Aron and for Dr. Lio's compassionate willingness to try something not many US docs will try at this point! Thanks for walking through this struggle with us.

Like · Reply · 4 · 7 March at 20:08



Camille Ouellette My three year old is a new boy. The right side is three days after starting treatment. He now eats more, sleeps better, and is not crying several times a day from the pains of dressing, bathing, and frustrations thank to AR.



Like · Reply · 3 · 7 March at 20:08



Camille Ouellette http://youtu.be/R45_ksMMUXc. For anyone questioning the authenticity of the stories, this is our story, and we will be doing a follow up.

Like · Reply · 4 · 7 March at 20:11



Sophie Chi Bouffard Thank you NEA!!! This route will save many from systemic steroids and immunosuppressants!! Thank you Dr. Lio and Dr. Aron!!!

Like · Reply · 6 · 7 March at 20:14



Ellen Fussell Lis Steggs

Like · Reply · 1 · 7 March at 20:19

↳ 1 Reply



Nicole Claress Alexander It is because of this article\newsletter which was sent out by NEA a few weeks ago that I discovered Dr.Aron. Little did I know that I am blessed enough to have him based in my city. My 7 year old girl had a visit with him just last week. Started treat... [See more](#)

Like · Reply · 10 · 7 March at 20:20



Kimberley Baptiste Me and my two kids are on Dr Aron's regime since December and our eczema is gone! One thing to also say is its so easy. One pot of cream to deal with and easy to taper. It's amazing!

Like · Reply · 5 · 7 March at 20:25



Brenda Curatolo We can not thank Dr. Aron and our pediatrician enough. Dr Aron approach changed our sons life. At just 4 months of age he suffered with eczema and Molluscum. We tried allergy testing, antihistimine, coconut oil, bleach baths, wet wraps, steroids, probi... [See more](#)



Like · Reply · 4 · 7 March at 20:36 · Edited



Krista Schoeling Smith We struggled 8 years before finding Dr Lio. Honestly we cannot say enough about these men and what they have done for so many. All dermatologists should be on board with this treatment. We would have had a whole lot less tears if we found him sooner. 2 days in and she was the clearest she has ever been. We call it the "magic cream". We cannot say THANK YOU(s) enough!!!!!!

Like · Reply · 4 · 7 March at 20:40



Hannah Sears Can't praise the Dr Aron regime enough! Amazing Dr with an innovate approach!!! Thought it was going to be too good to be true, but it wasn't, my 2 boys now have relief I only ever dreamt off, me and my family are forever grateful Dr Aron x I can only... [See more](#)

Like · Reply · 2 · 7 March at 20:43

5 Replies



Karen Vinson I could write an entire book about my daughter's 11 year struggle with severe eczema. I'm so glad to have discovered AR last year. My only regret is that I took several months convincing myself that it wasn't JUST another "miracle cream". Just over one year on AR now and ALL we do is apply the compound once a week. Our lives no longer revolve around eczema and my daughter has clear, itch-free skin!

Like · Reply · 3 · 7 March at 20:44



Robin Proper Siff thank you dr. aron for helping us with our daughter. her skin may not be perfect, but it is so much better. your methods are not so different than all the other treatments but enough different and more consistent applications that make a huge difference. I hope the NEA can learn from him and pass this along to other eczema sufferers.

Like · Reply · 2 · 7 March at 20:46



Cheryl Tarrant Calcraft It doesn't matter where in the world you live. Dr Aron will help you. An Aussie here who suffered for 40 odd yrs and nearly 12 months ago I found this Dr on line. The best decision of my life. Easy one cream solution. Forever great full. Thank you Dr Aron.

www.draron.com

Like · Reply · 6 · 7 March at 20:46



Ana Rybakova We were "fighting" with ezcema 8 months. I'm glad my love to my child was much stronger than anything else and after trying everything we found dr Aron. Dr Aron is our Superhero.

Like · Reply · 3 · 7 March at 21:03 · Edited



Shenae Marsh Dr Aron is amazing, my 13 year old daughter has been on his regime for 5 months and her skin is now clear and when I say clear I'm not referring to what I used to think was good, actually beautifully clear and looks just like someone's skin that doesn'... [See more](#)

Like · Reply · 5 · 7 March at 21:01



Rachel Simpson It took me 38 years to find this wonderful treatment by Dr. Aron. Absolutely life changing, I've been on the treatment a little over 4 months now and I barely need any cream at all. (I used topical steroids on a daily basis since I was a baby!)

My sk... [See more](#)

Like · Reply · 4 · 8 March at 00:47 · Edited



An Bre Aron Regime simply works. We are in second month os treatment and are down to 1 application every second day. I keep telling about it all people affected with eczema. <https://www.instagram.com/littleeczemaboy/>

Unlike · Reply · 3 · 7 March at 21:06



Louise Goodwin Dr Aron's eczema cream will change your life. I was covered in severe eczema and I am now eczema free! Please I urge anyone suffering to try it. I've been on treatment for 1 year 5 months and my life has been transformed!

Like · Reply · 5 · 7 March at 21:08



An Bre <https://www.instagram.com/draronpatients/>

Unlike · Reply · 4 · 7 March at 21:21



Sarah Hogg Dr A is amazing but we need more of him! Our son is like a different boy and it's all thanks to Dr A. We are forever grateful

Like · Reply · 3 · 7 March at 21:24



Tracy Lowe Dr Aron changed all of our lives, not least of all my 12yo sons life. We no longer plan life and outings around his eczema, infections, allergies, unpredictable flares and itching, no more bloody nights, crying, pain, burn and no more desperate, emotional conversations that begin and echo with "why??"...we just live now. Forever grateful for finding Dr A online.

Unlike · Reply · 4 · 7 March at 21:24

1 Reply



Abbie Gilmore Biery My baby has only been on the cream for two weeks but the decrease in his itchiness alone is enough to make me a believer in this treatment! What do we need to do to get Dr. Aron to teach his methods to doctors in the U.S.? I love that he is available t... [See more](#)

Like · Reply · 2 · 7 March at 21:29

↪ 1 Reply



Eileen Cruickshank Wonderful that you are featuring Dr Aron - another fan here! 😊

Unlike · Reply · 3 · 7 March at 21:29



Nicky Cambridge Was Mocanovic My daughter had eczema pretty much all over her body other than her face, and after trying all the numerous other treatments.& stalking the Dr Aron Website for months, we decided to give it a go. It was the best decision we made! Her skin improved wi... [See more](#)



Unlike · Reply · 4 · 7 March at 21:34



Daniel G. True Wonder if it'll work with seborrheic dermatitis?

Like · Reply · 7 March at 21:40

↪ 2 Replies



Debbie Maddalena-Saunders Dr Aron saved our beautiful 6 year old son from the constant unimaginable suffering chronic eczema causes. Our boy had no quality of life & we were all feeling exhausted, defeated & needed real help & real support. In fact Dr Aron saved our entire fami... [See more](#)

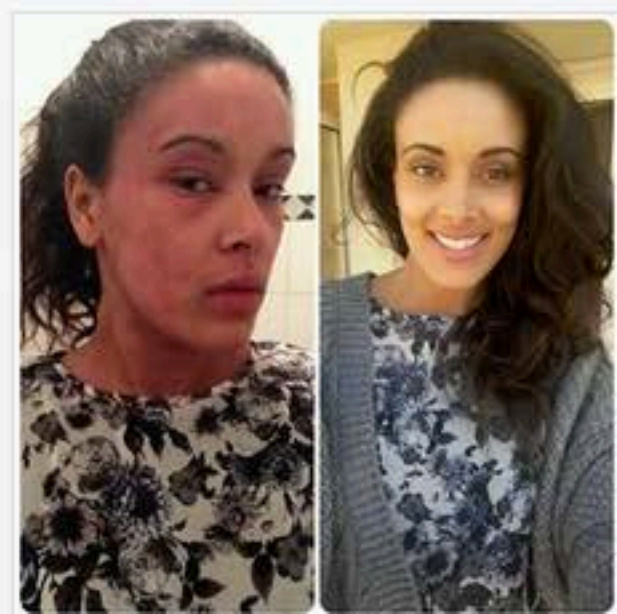


Unlike · Reply · 12 · 8 March at 23:28 · Edited

↪ 2 Replies



Naoemie Lenoir Thank you for saving my life dr aron :)))) I can't begin to describe my love and appreciation for this wonderful, clever man. I endure 8 harrowing months of tsw until I found Dr aron. I had developed anxiety attacks and spiraled into depression. Not to... [See more](#)





Nicole Hegedus Another happy camper here, all the way from Australia. Dr Aron helped my daughter to sleep better, stop taking oral antibiotics all the time, stop needing tiresome wet wraps, and stop the constant questions on why she was wearing bandages in public at ... [See more](#)

Like · Reply · 7 · 7 March at 22:18



Ann Teehan Dr Aron has helped us so much, eczema is not ruling our lives anymore! Thanks Dr Aron. X

Like · Reply · 2 · 7 March at 22:20



Garrett Schreeder We are so grateful for being introduced to the Dr. Aron compound through Dr. Lio. Using this compound along with a regimen Dr. Lio outlined for us has been a game changer in our eczema struggle.

Like · Reply · 2 · 7 March at 22:25



Mary Howick Our lives have been completely changed thanks to Dr Aron and we can't thank him enough. Nothing else has come even close to getting my son's severe eczema under control - and we've tried so many approaches over the years. We are so very grateful we found Dr Aron!

Like · Reply · 2 · 7 March at 22:34



Gareth Davies Wolf National Eczema Society An article about Dr Aron who saved our daughter from terrible suffering.

Unlike · Reply · 2 · 7 March at 22:35



Jennifer Cornell Dr Aron has given my son his must deserved childhood back! Nothing else worked previously and within 24 hours of using the Aron Regime we could see a difference. Here's to better nights sleep, no more wet wrapping, no more bloody bed sheets and no more scratching. We will always be so thankful to Dr Aron

Unlike · Reply · 4 · 7 March at 22:41



Abra Castle Follow

Like · Reply · 7 March at 22:42

1 Reply



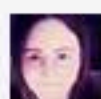
Hans Winkelmann Echoing all the other posts here. Dr A has given our son relief after 8 years of suffering. His work deserves massive recognition!

Unlike · Reply · 4 · 7 March at 22:42



Anjali Maldonado Eternally grateful to wonderful Dr Aron, who treated my daughter's severe, debilitating eczema so successfully four years ago. The Aron Regime simply gave my daughter back her life. Today she is still enjoying complete remission, and is a perfect vision of health and happiness, thanks to Dr Aron.

Unlike · Reply · 7 · 7 March at 22:50



Shazzy Drybs Thank you Dr Aron, after 40+ years of having severe eczema your cream is the only one that's working. I hope many more ppl will benefit from your approach

Unlike · Reply · 3 · 7 March at 22:58



Susan Niedermeyer My son just signed up for his treatment. His hands are so bad he cannot touch anything. I can't wait to get the script !!! Praying for relief for him

Unlike · Reply · 3 · 7 March at 23:22

1 Reply



HeeBin Yim I am also very grateful to have found Dr. Aron.

I had grown a phobia to steroids and protopic after years of using them and not seeing much improvement. I had tried a more natural approach even acupuncture and really tried to stay positive but the ... [See more](#)

Unlike · Reply · 4 · 7 March at 23:41



David E Amos Tiffany Amos this is an interesting read I recall doing something similar

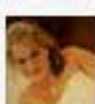
Like · Reply · 8 March at 00:10



Rachel Gabay Prince My teenage son and I had the honor of meeting these two amazing doctors in Chicago Sept. 2015. We happily spent hundreds of dollars, flew over 1300 miles, just to give Dr. Aron a big hug and say THANK YOU FOR SAVING OUR FAMILY after so many years of needless suffering!

Unlike · Reply · 10 · 8 March at 00:26





Meagan Sipple My 3yr old son started January this year. The best decision ever. Our whole family has benefited and my son's skin is the best its ever been. He is happier, more active, more confident, sleeping through the night, not itching, and the list goes on. I am so pleased we found Dr Aron now instead of years down the track while my son is young and forget the trauma he went through .

Unlike · Reply · 4 · 8 March at 00:27



Jennifer Perkins Hello is there an echo in this post or what. Saved by the amazing Grace of Dr Aron! My son no longer needs applications unless he gets a cold and flares up. Might I add other things flare him up but I now know what those things are to help reduce the flare up



Unlike · Reply · 10 · 8 March at 00:43 · Edited



Amber Matthews McLamb Meg Jansma

Like · Reply · 8 March at 01:08



Amber Matthews McLamb Annette Matthews

Like · Reply · 8 March at 01:08



Linda Cardinale Erika Czop, are you the patient he is referring to?

Like · Reply · 1 · 8 March at 01:10



Erika Czop Linda Cardinale- we are not but were right along with that patient and one of the first of Dr. Lio's to try it. I'll send you some pics, you won't believe it!!

Unlike · Reply · 2 · 8 March at 01:48

↪ View more replies



Jenn Newman Ashley Vass

Like · Reply · 8 March at 01:38



Lesley Mills We are another Dr. Aron success story 🥰



Unlike · Reply · 10 · 8 March at 01:52

↪ 1 Reply



Sarah Sommers My 2.5 year old suffered most of his life and experienced almost 100% improvement overnight! We have been on it for 2 months and we are down to 2 applications a day. It changed our lives! The constant daily stress is over for me and my son is happy and comfortable and sleeping.

Unlike · Reply · 4 · 8 March at 02:54



Wade Meik Check this out [Michael Housley](#)

Unlike · Reply · 1 · 8 March at 03:10



Leela Jiran We've tried so many doctors for the last almost 4 years. For the first time in a year my son is able to bath without pain, swim in the pool and wear shorts! This all happened for us after just a month of his treatment. I am so happy we found dr Aron! Best thing that ever happened to us! My son skin is looking amazing. Finally getting sleep too!

Unlike · Reply · 4 · 8 March at 04:49 · Edited



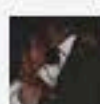
Nury Morales My son Orion gained so many things with Dr. Aron's treatment...confidence, joy, hair! He had lost half of his hair and all of his eyebrows because the eczema gotten so bad. Now he has extraordinary dreams and high hopes. We are truly blessed. I thank God for Dr. Aron and Kate Aron.

Unlike · Reply · 6 · 8 March at 06:17



Katy Samuels Dr Aron saved my son from suffering and allowed him to lead a normal life. We tried lots of things and none worked or they only worked for a week then we had a huge flare to deal with again! I'm medically trained and when I researched dr Arons methods ... [See more](#)

Unlike · Reply · 4 · 8 March at 06:40



Angie Davis Wish I knew about this when [Adam Burroughs](#) was younger! It's changed his life! His skin was riddled with eczema but after using this Cream it has completely gone!

Ask him yourselves!

Unlike · Reply · 4 · 8 March at 07:53



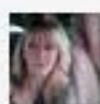
Heather Krejci McBride I am a lifelong sufferer, having been diagnosed with atopic dermatitis at 6 weeks old. At 43, I have tried every cream, light therapy, occlusive wraps, etc. that there is. I have been on oral steroids for 16 years. I began Dr. Aron's regime in December... [See more](#)

Unlike · Reply · 6 · 8 March at 07:58



Helen Akines Life saver! 😊

Unlike · Reply · 2 · 8 March at 08:00



Kim Timmins Jodie Muston

Like · Reply · 8 March at 08:22

↩ 1 Reply



Melissa Mackay Hope We use the Aron regime for our daughter and it changed our lives!

Unlike · Reply · 4 · 8 March at 13:57



Ticey Geyer Thank you so much for highlighting the Aron Regime. It's been life-changing for us. My son has battled eczema for 6 years and 5 months ago we found Dr. Aron through an article by [The Eczema Company](#) and my son's life has improved tremendously! We are forever grateful to Dr. Aron and to our local pediatrician for taking this leap of faith with us...best decision we ever made!

Unlike · Reply · 5 · 8 March at 18:49

↩ 1 Reply



Heather Macpherson Would love to see [National Eczema Society](#) follow suit! This really is groundbreaking for eczema sufferers.

Like · Reply · 4 · 8 March at 19:43



Sophie Chi Bouffard LOVE this regime!!

Like · Reply · 1 · 8 March at 20:16



Amanda Alexander My son has been on the Aron Regime since November. He now uses it as needed for flares related to allergens (dairy/dogs). He is no longer sensitive to a number of allergens. He used to live in a constant itch and had to wear footie pajamas all day, eve... [See more](#)



Unlike · Reply · 7 · 8 March at 20:24



Joanna Heskett Willis Dr Aron has changed our lives! My daughters skin looks and FEELS healthy! Everyone in our life who has seen our struggles with her eczema talks about how good she looks now! And Dr Lio is a wonderful dermatologist as well! I am so happy we found him- he truly understands how detrimental eczema is to someone's life (and their family). I cannot say enough good things about these 2 amazing doctors!!

Like · Reply · 2 · 9 March at 04:08



The Eczema Company We love Dr. Lio and we're just learning about Dr. Aron. But it's great to hear about so many success stories. Curious how a natural antibiotic like Manuka Honey would work in place of the antibiotic cream. Has anyone tried this? I wonder if wet wrapping with straight honey would help as well?

Like · Reply · 9 March at 12:42



Cassie Carroll Tooms The best!!!

Like · Reply · 9 March at 13:28



Jan Hunt The Dr Aron regime changed and I believe saved our lives, we began his treatment for my grandson who had severe AE since 6 weeks of age, a year and a half ago he is now 6 years old. He is now on second daily application's. Push came to shove when the i... [See more](#)

Like · Reply · 3 · 10 March at 01:19



Megan DeAnn Green Megan DeAnn Green

Like · Reply · 10 March at 02:44



Laura Widman Has anyone here had success with LDN (low dose naltrexone)? Or combination of Alpha lipoic acid and LDN? There is a transdermal LDN made with an emu oil base.

Like · Reply · 10 March at 03:49

↪ 2 Replies



Laura Scott Radley I feel so lucky to have found Dr. Aron a year and a half ago. My daughter's quality of life improved significantly. I hope more doctors will behind adopting his methods soon.

Like · Reply · 4 · 10 March at 05:40



Rachy D Dr Aron is an extraordinary doctor who has come up with an idea that not only can cure eczema but changes people's lives. I recommend him wholeheartedly. The sooner his method becomes standard practice the better.

Like · Reply · 3 · 10 March at 08:48



Thu Anh Nguyen Yes I have to jump on board and say how grateful i am for helping get my toddlers eczema under control. I've gone from using 15 grams of steroid cream on him undiluted in 9–14 days to just 20 grams over 5 weeks. It's amazing how well the compounded cream works. His eczema cleared up I'd say about 80% by the second week of being on treatment and we are down to two applications a day now.

Like · Reply · 2 · 10 March at 12:21



Debra Boulton Cambridge Our son's life was turned around in a matter of days after years of suffering back in 2008

Like · Reply · 1 · 10 March at 12:47



Sally Yang After years of trying many, many different approaches (elimination diets, various medications, light therapy, etc), my husband found relief only with Dr. Aron's approach. For the first time in years, my husband can sleep through the night and now is no... [See more](#)

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Andrea Vizagie We are so blessed to have found Dr. Aron! Our little girl's life has changed, and so has our family's! We tried all kinds of lotions, oils, creams, steroids and nothing worked, except the Dr. Aron Regime! We are forever grateful and encourage anyone who is thinking of trying the AR to do it- you won't be disappointed!

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Jeff Kastner Thank you, Dr. Aron! 2 years after starting the Aron Regime, my son's severe eczema is but a distant memory and has been since this first week of treatment. So blessed to have had the privilege of crossing paths with Dr. Aron in this life!

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Jacky Robinson Dr Aron is the most amazing man, he and his team work so hard to make people able to do the most simple thing that we all take for granted, Live! Unless you or you family have been touched by eczema you may not have any idea how debilitating it can be.... [See more](#)

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Helen Redhead Before Dr Aron I couldn't go out as my eczema was so severe. I was like that for 6 months. That was nearly a year ago now. Within a few days my skin was already so much better. Very grateful I found Dr Aron.

Like · Reply · 1 · 10 March at 21:21



Mel Thomson We are one step away from being able to sign up with Dr Aron and can not wait! We have followed his page/ patients for a long time now. The world is a much better place with Dr Aron in it!

Like · Reply · 1 · 11 March at 03:26



AriesTin Paluero We actually have Dr. Lio as our daughters Doctor for her eczema under the Aron regime. We decided to stick with him after our first appointment instead of going to Aron. He's amazing...everything that we want in a doctor. We're very lucky to find him to treat our daughter who went thru TSW.

Like · Reply · 1 · 11 March at 06:43